

CASULA HIGH SCHOOL



MYALL ROAD, CASULA 2170
PO BOX 53, GLENFIELD, 2167

PH: 9602 4320 OR 9602 4270
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SAFE

HIGH EXPECTATIONS

ACHIEVEMENT

RESPECT

PREPARED

Dear Parents and Carers,

I hope you and your family are safe and well during this very difficult time. We acknowledge this is a 'whole new world' for parents having to support their children's learning at home. In the online learning programs we are providing, we have offered a SUGGESTED structure for your day and have provided you with MANY more lessons and activities that will support the continuity of learning at home. We do not want you to be overwhelmed by the number of tasks provided.

Our children are just as anxious as we all are right now. They, like us, have never experienced anything like this before. Although the idea of being off school might seem wonderful, they are probably picturing fun times like summer holidays, not the reality of being stuck at home and not seeing their friends and teachers for long periods of time. Over the coming weeks, you may see increased behaviour changes in your children. Whether it's anxiety, or anger, or protests that they can't do things. This is normal and expected under these circumstances. Remember, they are used to learning in a very social environment with their peers where they get ongoing feedback about their learning, ideas from each other and can ask as many questions as they want to.

We will continue to use our communication channels to provide important wellbeing support for students and families. Our Facebook page in particular has been the best format to share this information and we encourage our community to connect with these messages and resources. Our wellbeing staff are working hard to stay in front of the concerns that may develop due to our current circumstances and would appreciate the feedback from families to inform where we look for support and guidance.

Many parents may become concerned about their child regressing in school. Every single child is in this boat and they will all be ok. When we are back in the classroom we will, of course, 'meet them where they are' in their learning. Teachers are experts at this! We will catch up.

If I can leave you with one thing, it's this: at the end of all of this, your child's mental health will be more important than their academic skills. How they **felt** during this time will stay with them long after the memory of what they **did** during this time. So keep that in mind, every single day.

We will continue to be in touch. Our teachers are doing a wonderful job providing at home learning as best they can, this is new for us too. Let's support each other as we learn together.

Mr G Smith

R/ Principal.

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